National Guides



Littler on Federal Wage & Hour Obligations

Scope of Discussion. The primary source of federal wage and hour regulation—the Fair Labor Standard Act (FLSA)—establishes a minimum wage and overtime standard for covered employees. This publication includes an overview of the FLSA and its requirements; exemptions from minimum wage and overtime obligations; calculation of regular rate of pay/overtime premium; and what is (and is not) included in "hours of work." A brief summary of other federal compensation statutes related to federal contractors is also included. The last section offers strategies that may help to minimize the risk of wage and hour claims, including guidance on how to conduct a wage and hour audit.

The focus of this publication is federal law.

1. OVERVIEW OF FEDERAL WAGE & HOUR LAW

- 1.1 Fair Labor Standards Act
- 1.2 Coverage Under the Fair Labor Standards Act
- 1.3 Exemptions from Minimum Wage & Overtime Obligations
- 1.4 Minimum Wage Obligation Under the Fair Labor Standards Act
- 1.5 Overtime Obligation Under the Fair Labor Standards Act
- 1.6 Wage Payments & Determining Hours Worked for Minimum Wage & Overtime
- 1.7 Additional Fair Labor Standards Act Requirements
- 1.8 Enforcement of Wage & Hour Laws

2. OVERVIEW OF FEDERAL COMPENSATION LAW FOR GOVERNMENT CONTRACTORS

- 2.1 Governing Laws
- 2.2 Prevailing Wage Obligations

3. PRACTICAL GUIDELINES FOR EMPLOYERS

- 3.1 Practical Steps to Help Minimize Wage & Hour Claims
- 3.2 Basic Wage & Hour Issues for a Compliance Audit
- 3.3 Sample Meal & Rest Break Policy
- 3.4 Sample Lactation Accommodation Policy
- 3.5 Federal Guidelines on Child Labor

